



901 N. Carpenter Road  
#32 PMB 128  
Modesto, CA 95354

Since 1993

YOUTH FOOTBALL & CHEER

[www.centralsaints.org](http://www.centralsaints.org)

## SAINTS PRACTICE RULES & REGULATIONS

### **PARKING:**

Please park in St Stanislaus School designated parking stalls only!

Any vehicles parked illegally will be subject to tow at the owner's expense.

Due to the possibility of theft and vandalism we must inform you that your vehicle and personal property should be kept locked and valuables out of sight. The Central Saints and St Stanislaus School will not be held responsible for any lost, stolen or vandalized property. We advise parents to take random trips to the parking facility.

### **PLAYER drop off & pick up**

Please DO NOT block driveway to drop off and pick up your players!

PLEASE DRIVE SLOW while entering & leaving practice. The parking area gets busy before and after practices so please be careful to watch for players and cheerleaders going through the parking lot.

### **PARENT CONDUCT:**

**ALL PARENTS & SIBLINGS MUST STAY OFF THE PRACTICE FIELD.**

Please walk around the perimeter of the field.

**PARENTS ARE NOT ALLOWED TO COACH THEIR PLAYER FROM THE SIDELINES.**

This frustrates the coaches, confuses the players and is NOT tolerated.

Prepare and coach your player at home prior to games or practices.

**PARENTS MUST SUPERVISE NON-PLAYER SIBLINGS AND OTHER CHILDREN DURING PRACTICES.**

**Please do not interrupt practice to address any coach.**

Please request a meeting with the Head Coach prior to or after practice ONLY!

If any parent does not follow these rules or becomes unruly, he or she will be asked to leave practice.

**NO DOGS** or pets are allowed on school property. (NO Sunflower seeds allowed on school grounds)

### **CLEAN-UP:**

All players, cheerleaders and attendees will be asked to assist in clean-up to insure that all trash is picked up after each practice.

Any person(s) that violate these policies may lose the privilege of attending future Saints practices or games. Please do your part to follow the rules and be the best supporter of this great program.

Thank You

Central Saints Board of Directors