



You MUST have all items below printed and completed for each player or cheerleader before you will be registered

PACKET DROP-OFF CHECKLIST

Football Players Must Be Present At Packet Drop-Off

Game Jersey Sizing (football players)

Must Be Registered Online At SportsPlus.app @ centralsaints.org or Links Attached

<input type="checkbox"/> Returning Athlete Registration Opens 2/10	<input type="checkbox"/> Returning Athlete Packet Drop Off 2/15 9 am-12 pm
<input type="checkbox"/> New Athlete Registration Opens 2/17	<input type="checkbox"/> New Athlete Packet Drop Off 2/22 9 am-12 pm

Printed Copy Of Child's Birth Certificate

Full Registration Payment - Payment Collected At Packet Dropoff

\$500 Football

\$260 Cheer (Uniform Not Included)

\$140 Mascot (Uniform Not Included)

Three Post Dated Checks

Work Detail Check (Post Dated 12/01/2025) - Per Family \$750

Fireworks Buyout Check (Post Dated 6/28/2025) - Per Family \$150

Clean Up Buyout Check (Post Dated 11/22/2025) - Per Family \$250

**Registration Packet Attached
(Print Single Sided)**

Registration Cover Sheet

Deposit Check Disclosure

Work Detail Sheet

Football/Cheer Cost
Breakdown

Football Jersey Sizing
Sheet

CCHS Facility Use
Disclosure

Football/Cheer Rules &
Guidelines

Parent Code Of Conduct

Game Day Rules

Practice Rules

Team Message Board
Request

AGE GROUPS FOOTBALL & CHEER

Jr Novice 6, 7 & 8 (Age on or before July 15th)

Novice 9 & 10 (Age on or before Nov 29th)

Junior Varsity 11 & 12 (Age on or before Nov 29th)

Varsity 13 & 14 (Age on or before Nov 29th)

Cheer Mascots Must be 5 on or before July 15th)

For more information contact:

president@centralsaints.org

vp@centralsaints.org

cheer@centralsaints.org

treasurer@centralsaints.org

books@centralsaints.org

<http://centralsaints.org/>

209-424-4664



www.centralsaints.org



Registrar @ SportsPlus.app





REGISTRATION PACKET COVER SHEET

(Complete For Each Individual Athlete)

Parents/Guardians and players/Cheerleaders must complete and sign all paperwork and all fees must be paid to be on the active roster. WE WILL NOT ACCEPT ANY INCOMPLETE REGISTRATION APPLICATIONS.

<input type="checkbox"/> Returning <input type="checkbox"/> New	<input type="checkbox"/> Football <input type="checkbox"/> Cheer	<input type="checkbox"/> Varsity <input type="checkbox"/> Jr. Varsity <input type="checkbox"/> Novice <input type="checkbox"/> Jr Novice <input type="checkbox"/> Mascot
Player Last Name:	Player First Name:	DOB:
Parent/Guardian:	E-Mail:	Phone:
Siblings Player Name(s):		

Initial	PARENT/GUARDIAN ACKNOWLEDGEMENTS I UNDERSTAND AND ACKNOWLEDGE THAT ALL FEES OTHER THAN WORK DETAIL, FIREWORKS, AND CLEAN-UP DEPOSIT ARE NON-REFUNDABLE .	FINANCIAL ASSISTANCE: FINANCIAL ASSISTANT FUNDRAISER (Optional) *See Fundraising Coordinator or Treasurer for options	
Initial	I UNDERSTAND AND ACKNOWLEDGE THAT I HAVE READ ALL ATTACHED DOCUMENTS, INCLUDING THE PARENTS' CODE OF CONDUCT, AND AGREE WITH EACH PROVISION, AND EXCEPTION TO THESE RULES WILL NOT BE MADE.	REGISTRATION FEE IS NON REFUNDABLE Football (each) \$500 Cheerleader (each) (does not include uniform) \$260 Mascots (each) (does not include uniform) \$140 Football Player Sibling(s) Cheerleader Sibling(s) Sibling Discount Max 3 (\$25 each) TOTAL Registration Payment Fundraising Balance	SAINTS USE ONLY \$ _____ \$ _____ \$ _____ QTY: _____ QTY: _____ \$ _____ \$ _____ \$ _____
Initial	I FURTHER UNDERSTAND AND ACKNOWLEDGE THAT I WILL BE LIABLE FOR THE ACTIONS AND OBLIGATIONS OF MY FAMILY MEMBERS, GUARDIANS, AND GUESTS, WHO ARE ALSO CONSIDERED REPRESENTATIVES OF MY FAMILY IN THIS CONTEXT.	MONIES RECEIVED: Cash Check Chk Credit Card Sibling Discount Applied to (List Name) _____ Work Deposit Fireworks Clean Up	SAINTS USE ONLY \$ _____ Chk # _____ \$ _____ \$ _____ Chk # _____ \$ _____ Chk # _____ \$ _____ Chk # _____ \$ _____

Parent/Guardian Signature: _____ Date: _____



CENTRAL SAINTS DEPOSIT DISCLOSURE FOR POST-DATED CHECKS AND OPT-OUT OPTIONS

As part of the Central Saints organization, there are a few volunteer commitments that each family is asked to fulfill to support our program. Please review the following volunteer commitments. If you would like to opt out of any of these commitments, please initial beside the relevant check information. If no initial is provided, the check will be processed only if the volunteer commitment(s) are not met. You may also request for the deposit check to be cashed immediately if you would prefer to opt out of the listed volunteer commitment.

Post-Dated Checks

- The following checks will be deposited on their respective post-dated dates if a volunteer commitment is not completed.
- If you choose to opt out of any of these commitments, acknowledge by initialing below and the check(s) will be cashed immediately.
- The original checks will be returned at the end-of-season banquet.

Work Detail Check (Post-Dated 12/01/2025)

- Amount: \$750 per family
- Purpose: To cover work detail requirements for the season.
- Initial here if you would like to opt out of this commitment and have your deposit check cashed immediately:**

Fireworks Buyout Check (Post-Dated 6/28/2025)

- Amount: \$150 per family
- Purpose: To opt out of participation in the fireworks fundraiser.
- Initial here if you would like to opt out of this commitment and have your deposit check cashed immediately:**

Clean-Up Buyout Check (Post-Dated 11/22/2025)

- Amount: \$250 per family
- Purpose: To opt out of participation in clean-up duties on Sundays after home games 2 times per year.
- Initial here if you would like to opt out of this commitment and have your deposit check cashed immediately:**

Parent/Guardian Signature: _____

Date: _____



WORK DETAIL AGREEMENT FORM

Players Name(s):	
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<input type="checkbox"/> Football <input type="checkbox"/> Cheer	<input type="checkbox"/> Varsity <input type="checkbox"/> Jr. Varsity <input type="checkbox"/> Novice <input type="checkbox"/> Jr Novice <input type="checkbox"/> Mascot
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Parents Name(s):	
Parents Name(s):	
Phone Number:	
Email:	

Please list any additional family members or friends of the family, other than yourself, that may choose to help with work detail hours. Work detail hours are mandatory per family per season (see required hours below). WE are a team and without your contribution, WE wouldn't have the successful home games WE do!

Mandatory Hours per season:

1 Player= 8 hours (4 home game 2-hour shifts)

2 Players= 12 hours (6 home game 2-hour shifts)

3+ Players= 16 hours (8 home game 2-hour shifts)

For any questions please contact the work detail coordinator at workdetail@centralsaints.org

Parent's Signature: _____ **Date:** _____



FOOTBALL

ANTICIPATED FOOTBALL COSTS FOR THE 2025 SEASON

FOOTBALL REGISTRATION FEE \$500 (Non-Refundable)

- | | |
|---|--|
| <input type="checkbox"/> Facility Use Fee | <input type="checkbox"/> Spirit/Practice Apparel |
| <input type="checkbox"/> Physical | <input type="checkbox"/> Game Jersey |
| <input type="checkbox"/> Saints Clinics | <input type="checkbox"/> Game and Practice Pants |
| <input type="checkbox"/> TVYFL Clinics | <input type="checkbox"/> Mouthpieces |
| <input type="checkbox"/> Team Equipment (football, kicking tees, pumps, etc.) | <input type="checkbox"/> Socks For Each Player |
| <input type="checkbox"/> Insurance | <input type="checkbox"/> Chin Straps |
| <input type="checkbox"/> Super Bowl Bus | <input type="checkbox"/> Game Bags |
| <input type="checkbox"/> Super Bowl Meal | <input type="checkbox"/> New Equipment (Helmets / Shoulder Pads) |
| <input type="checkbox"/> Super Bowl Sweatshirts | <input type="checkbox"/> Re-Cert Equipment (Helmets / Shoulder Pads) |

Total \$500 Due at Time of Registration

The **FOOTBALL registration fee** for participation in our program covers various essential costs to ensure a successful and safe season. These costs include coaches' training certifications, Department of Justice (DOJ) background checks, CPR certifications, safety supplies such as medical kits, and other protective gear. Additionally, the registration fee helps cover operational expenses, including snack bar costs, field maintenance for both practice and game days, and fees for medics and security during games. The fee also covers the cost of physicals and other personnel and expenses required to support the program's day-to-day operations and ensure the safety and well-being of all participants throughout the season.



<http://centralsaints.org>

209-424-4664



FOOTBALL

2025 JERSEY SIZE & NUMBER REQUEST ORDER FORM

Players Name:	DOB:	<input type="checkbox"/> Varsity <input type="checkbox"/> Jr. Varsity	<input type="checkbox"/> Novice <input type="checkbox"/> Jr Novice
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Age:	Weight:	Height:
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IMPORTANT: The players'/parents' request for a jersey number is just a request and the receipt of any number requested below is not guaranteed. In some cases, your child may not receive any of the requested numbers below. Your child's Head Coach will do their best to accommodate each request.

Jersey Number Request	Req #1:	Req #2:	Req #3:
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Fittings at Packet Drop-Off

Game Jersey Size:	<input type="checkbox"/> YS <input type="checkbox"/> YM <input type="checkbox"/> YL <input type="checkbox"/> YXL	<input type="checkbox"/> AS <input type="checkbox"/> AM <input type="checkbox"/> AL <input type="checkbox"/> AXL <input type="checkbox"/> A2XL	<input type="checkbox"/> Other List _____
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By signing below I understand and agree to the number I am assigned and the sizes selected. WE will do our best to accommodate the child's growth during sizing.

Parent/Guardian Signature:	Date:
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CENTRAL CATHOLIC HIGH SCHOOL
DIOCESE OF STOCKTON
SPORTS AND YOUTH ACTIVITY
PERMISSION FORM

YOUTH ACTIVITY: CENTRAL SAINTS YOUTH FOOTBALL & CHEER

PARENTS PROVIDE TRANSPORTATION FOR THEIR OWN CHILD

Describe in detail; include transportation

CHILD'S NAME _____ PARISH _____

ADDRESS _____
(Street, City, Zip)

SCHOOL _____ GRADE _____ BIRTHDAY _____ PHONE _____

PARENT/GUARDIAN NAME _____ PHONE _____

ADDRESS _____ WORK PHONE _____

PERSON (S) OTHER THAN THE PARENT/GUARDIAN TO NOTIFY IN CASE OF EMERGENCY

NAME _____ PHONE _____

I, the parent (guardian) of the above named child, give my permission for his/her participation in the youth activities named above. I agree to direct my child to cooperate and conform with directions and instructions of parish, school or diocese and personnel responsible for youth activities.

I agree that in the event my child is injured as a result of his/her participation in the above named activities, including transportation to and from these activities whether or not caused by negligence (active/passive) of the parish/school diocesan youth activities program, or any of its agents or employees, recourse for the payment of any resulting hospital, medical or related costs and expenses will first be billed against any accident, hospital or medical insurance, or any available benefit plan of mine or my spouse.

I am not aware of any medical condition of my child that would render it inappropriate for him/her to participate in any such activity.

I, hereby, give permission to the physician selected by the youth activities supervisory personnel then present to render treatment deemed necessary and appropriate by the physician.

PARENT/GUARDIAN SIGNATURE _____

DATE _____ ADDRESS _____

FOOTBALL - RULES, GUIDELINES, AND INFORMATIONAL

1. Philosophy:

- Central Saints Football players will promote excellence in athletics, education, leadership, sportsmanship, physical fitness, and a positive image whether on or off the field. Participants shall strive to maintain high standards of morality as exemplified by Christians.

2. Age Groups:

- **Jr. Novice:** 6-8 years old (Player must be 6 on or before July 15th)
- **Novice:** 9-10 years old on or before Nov. 29th
- **Junior Varsity:** 11-12 years old on or before Nov. 29th
- **Varsity:** 13-14 years old on or before Nov. 29th

3. Coaches and Board Members:

- Your coaching staff is CPR/First Aid and USA Football certified and must clear criminal background checks through the Department of Justice.
- They are non-paid volunteers who care about the success of the Central Saints Family and model Saints' standards, as outlined in this document, at all times.
- The Central Saints Organization operates under the direction of the Trans Valley Youth Football League (TVYFL), with all Central Saints board meetings held on the second Monday of the month.

4. Saints' Standard:

- The Central Saints Youth Football & Cheer requires the very highest standard of RESPECT, DISCIPLINE, SPORTSMANSHIP, TRUSTWORTHINESS, RESPONSIBILITY, and GOOD CITIZENSHIP, and our appearance, including attire, reflects our 'TRADITION OF PRIDE & EXCELLENCE'.
- As a player or parent, I recognize by signing and agree to the following terms upon registration (Any player who fails to comply with these terms at any time upon the first day of practice WILL result in immediate suspension and possible termination.)

5. Conduct:

- Players must demonstrate sportsmanship at all practices, games, and events and follow the high standards and goals of the team and coaching staff.
- Players are expected to control their behavior at all times, demonstrate respect for teammates, coaches, and opponents, and exhibit discipline by adhering to team rules.
- Players must prioritize teamwork, work ethic, responsibility, and mental toughness, while providing leadership through example and encouragement.
- Players must uphold respect for the game by following its rules and traditions, actively engage in community involvement, and embody the core values of the Central Saints organization at all times.
- Any conduct that does not meet the standards of the Saints program, including inappropriate expectations, behavior, or content, may result in removal from the roster without a refund.

6. Physical Requirements:

- Football players must have a physical examination no more than one year before the first day of conditioning. Physicals can be obtained from a personal doctor or through the doctor working with the Saints' organization, with the cost covered by the registration fee.
- The physical must be completed using the TVYFL physician form, dated within the current calendar year after January 1, and signed and stamped by an MD, DO, NP, or PA. Physicals completed by a chiropractor or physical therapist will not be accepted.
- Players must be in good physical condition and capable of strenuous activities such as running, jumping, stretching, and relays designed for strengthening and conditioning.
- Players must complete 10 hours of non-contact practice before they are eligible to participate in full-contact practice using pads. Additionally, players must complete 10 hours of full-contact practice in pads to participate in scrimmages or games.
- Players are required to complete 10 hours of conditioning before participating in the regular practice season. All practice sessions will include at least 15 minutes of warm-up stretches, cardio, and strength training.
- Players should maintain healthy eating habits, drink plenty of water to stay hydrated, and be capable of participating in practices for up to 2 hours per day, up to 4 days per week, handling vigorous physical activity for at least 15 minutes.

7. Pre-Conditioning and Mandatory Practice:

- Saints "Spirit Pack" is given to each player to be worn at all conditioning practices, and no other colors outside of Saints color will be allowed.
- Navy shorts and white shirts only.
- See the Dress Code Attached.

8. Attendance:

- Prompt and regular attendance is mandatory. Players must arrive on campus at least 15 minutes prior to the start of practice, with roll taken at that time.
- If a player is absent or tardy, it will be marked as “absent” or “tardy.” Players should avoid participating in extra-curricular activities that conflict with Central Saints football/cheer.
- Absences and tardiness will not be excused for practices or games missed due to other sporting events unless prearranged with the Head Coach.
- Excessive absenteeism or tardiness may result in loss of game play time or inability to play at all.
- Players must have at least 2 days of full-contact practice to participate in a game, and if a player misses more than one practice a week, they will not be permitted to play in the upcoming game.

9. Uniform:

- Players are responsible for their uniforms and must wear their complete uniform, with no substituted equipment or parts without approval from the Head Coach.
- If a player does not come in full uniform, they will not be permitted to participate.

10. Dress Code:

- It is imperative for safety and uniformity that players stick to the appropriate dress code.
- Any player who is not dressed in the proper attire will forfeit their chance to participate and will be given an unexcused absence.

11. Game Days:

- Players must arrive 2 hours before their scheduled game, fully dressed in their team uniform, and ready to participate.
- All players must complete at least 15 minutes of warm-up before each game.
- Players are responsible for learning and understanding all game rules, and they must show sportsmanship by welcoming the opposing team.
- If a player arrives 10 minutes late, they will sit out the first quarter. If they arrive more than 30 minutes late, they will sit out the game but remain with the team as long as they are in uniform and not a distraction.

12. Clean-up:

- At the end of every practice and game, players must clean up after themselves.
- If we leave the school site in a mess, we may lose the privilege of using it in the future.
- Players are responsible for cleaning up after home games at Central Catholic High School. Each team is required to clean up at least 2 times per year, and players will check in with a board member once they have completed their clean-up duty.

13. Football Clinic:

- The Saints host a mandatory “Annual Clinic” at CCHS for cheerleaders and football players, with the clinic fee included in registration.
- Players will receive a “spirit pack” and lunch, and this clinic is a great opportunity to meet new friends and coaches while increasing knowledge, skill, and focus.

14. Rallies:

- Rallies are traditionally held during the last 30 minutes of practice on the Thursday prior to home games.
- During rallies, cheerleaders perform team half-time dances and cheer routines. Parents, guardians, immediate family, and extended family are encouraged to attend all practices and rallies to show support for the program and dedication to the participants.
- Players who leave rallies early will be considered to have an unexcused absence.

15. Team Photos:

- Professional photos of the team and individual players will be taken before the start of the season. Players must be in full uniform with no additions or deletions.
- The team and individual photos may be used in the Central Saints yearbook, game program, and on the photo wall at Homecoming, unless the player or parents opt out.
- Photo packages are an affordable way to obtain professional photos of your child, and photos may also be posted on the Saints' Facebook account.

16. Munchie Games:

- The Munchie Games are mandatory scrimmages against other teams in our league and serve as the first opportunity of the season to demonstrate newly acquired plays.
- Players are encouraged to bring plenty of water, sunscreen, and healthy snacks. Although food vendors will be available, players typically do not have time to purchase items during the games.

17. Homecoming:

- Homecoming week is filled with enthusiasm, and parent involvement is vital.
- Parents can have fun dressing up according to the theme to add spirit and excitement. Homecoming is a full day, and cheerleaders and football players are expected to be present for the entire duration.
- All cheerleaders perform during every half-time at Homecoming. Parents, football players, and cheerleaders are required to assist with decorations, set-up, and clean-up.
- All participants in the organization must check in with their coaches the following morning at 9:00 AM to help clean up the Central Catholic football field, parking lot, and snack bar.

18. 8th Grade Send Off:

- A celebratory presentation is held to honor the 8th grade cheerleaders and football players, along with their families.
- Cheerleaders, football players, and their families dress up, parade across the field, and are individually named and recognized as Saints' VIPs.

19. Work Detail:

- All families must submit a \$750 work deposit. Checks will not be cashed as long as the mandatory work detail is completed.
- Each shift is a total of 2 hours, with work detail shifts based on the number of children.
 - **1 Child:** 4 shifts, totaling 8 hours
 - **2 Children:** 6 shifts, totaling 12 hours
 - **3 Children:** 8 shifts, totaling 16 hours

20. Sports Banquet and Awards Ceremony:

- At the end of the season, the Saints host a banquet to honor the cheerleaders and football players.
- All eligible football players will receive trophies based on attendance and character displayed throughout the season.
- The Saints organization covers the expenses for all players, while family members are welcome to attend free of charge, but there will be a fee for food served.

21. Firework Fundraiser:

- Each athlete is required to participate in the annual fireworks fundraiser.
- Families who participate will receive a \$100 fireworks voucher at a cost of \$100, which can be redeemed for \$100 worth of fireworks.
- If a family chooses not to participate, the \$150 fireworks fundraiser opt-out deposit will be cashed.

22. Parking Lot:

- Due to the possibility of theft and vandalism, we advise that you keep your vehicle locked and valuables out of sight. Central Saints, St. Stanislaus, and C.C.H.S. will not be held responsible for any lost, stolen, or vandalized property.
- The use of the St. Stanislaus parking lot is a privilege, and we may lose this privilege if issues such as smoking, littering, speeding, loud music, driving unsafely, parking improperly, disruptive behavior, using offensive language, or consuming alcohol or drugs are not met.

23. Parent Participation:

- The Central Saints football and cheer programs rely on the financial, physical, and spiritual support of parents.
- Parents are encouraged to attend all practices, rallies, games, and activities to support the players, coaches, and staff.
- Parents should sit away from the practice area and avoid interrupting their child or the coaching staff during practice.
- Parents are invited to participate in leadership and volunteer roles throughout the season.
- Parents are asked to follow the Grievance Protocol for any concerns that arise during the season and to avoid and dispel gossip.

24. Grievance Protocol:

Any complaints must follow the proper steps of the grievance protocol:

- 1) Meet with the Parent Liaison.
- 2) If unresolved, meet with the Head Coach.
- 3) If still unresolved, meet with the Football League Representative.
- 4) If the issue persists, meet with the Governing Coach.
- 5) Finally, meet with the Central Saints Board of Directors.

25. Uniform and Fees:

- Players are responsible for paying the uniform and clinic registration fees, and they can fundraise, obtain sponsors, or purchase these items out of pocket.
- Any money collected above the cost of the uniform and camp registration fees will benefit the Central Saints General Account.

26. Anticipated Football Costs for the 2025 Season:

ANTICIPATED FOOTBALL COSTS FOR THE 2025 SEASON		
FOOTBALL REGISTRATION FEE \$500 (Non-Refundable)		
<input type="checkbox"/> Facility Use Fee <input type="checkbox"/> Physical <input type="checkbox"/> Saints Clinics <input type="checkbox"/> TVYFL Clinics <input type="checkbox"/> Team Footballs and equipment <input type="checkbox"/> Insurance	<input type="checkbox"/> Game Jersey <input type="checkbox"/> Game and Practice Pants <input type="checkbox"/> Mouthpieces <input type="checkbox"/> Socks For Each Player <input type="checkbox"/> Chin Straps <input type="checkbox"/> Game Bags	<input type="checkbox"/> Spirit/Practice Apparel <input type="checkbox"/> Super Bowl Bus <input type="checkbox"/> Super Bowl Meal <input type="checkbox"/> Super Bowl Sweatshirts <input type="checkbox"/> New Equipment (Helmets / Shoulder Pads) <input type="checkbox"/> Re-Cert Equipment (Helmets / Shoulder Pads)
Total \$500 Due at Time of Registration		

27. Football Registration Fee Details:

- The Football Registration Fee covers various essential costs to ensure a successful and safe season, including coaches' training certifications, CPR certifications, and safety supplies.
 - It also helps cover operational expenses like field maintenance, snack bar costs, medics, security, and physicals to support the program's day-to-day operations.
-

Central Saints Website:

www.centralsaints.org is your go-to stop for all Central Saints information. This site includes game schedules, league standings, forms, updates, and much more.

TVYFL Website:

www.tvyfl.us is your go-to stop for all TVYFL information. This site includes all league football and cheer rules.

Acknowledgment:

I hereby acknowledge that I have read, understood, and agree to abide by all the terms and conditions outlined in sections 1-27 of the Football Rules, Guidelines, and Information. I understand the expectations, responsibilities, and policies set forth for participation in the Central Saints program, and I commit to supporting and upholding these standards for the benefit of all participants.

I understand and acknowledge that all fees **other than** work detail, fireworks, and clean-up deposit are non-refundable.

I understand and acknowledge that I have read all attached documents, including the Parents' Code of Conduct, and agree with each provision, and acknowledge that I will be liable for the actions and obligations of my family members, guardians, and guests, who are also considered representatives of my family in this context.

Parent's Name (print):
Parent's Signature:
Date:

Football Player's Name (print)
Football Player's Signature
Date:

Revised 2/4/2025



PARENT CODE OF CONDUCT

The six core principles of sportsmanship are based on the essential elements of character-building and ethics. These six pillars include: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Good Citizenship.

I therefore agree:

1. I will encourage my child to participate in team sports.
2. I will inform the coach of any physical, emotional, or social issue or ailment that may affect the safety of my child or the safety of others.
3. I will emphasize the importance of regular attendance at training, practices, and games as key to valuable skill development.
4. I will promote the emotional and physical well-being of my child and all the participating athletes ahead of any personal desire to win.
5. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
6. I will require that my child treat other players, coaches, officials, and spectators with respect regardless of race, creed, color, sex, or ability.
7. I will teach my child to give his/her personal best at all times regardless of the outcomes.
8. I will consistently praise my child for competing fairly and for doing his/her best.
9. I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
10. I will never verbally condemn my child or any other participant for mistakes or faults during practices, games, or sporting events.
11. I, along with my guests, will be a positive role model for all children. Together, we will encourage sportsmanship by showing respect and support for all players, coaches, officials, and spectators at every game, practice, or event.
12. I, along with my guests, will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting, refusing to shake hands, or using profane language or gestures.
13. I will respect the officials and their authority during games.
14. I will respect and adhere to the governing authority of the TVYFL, Saints Football League Rep and Cheer League Rep, and Saints Board Members during games.
15. I will never question, discuss, or confront coaches at the game field.
16. I will take time to speak with coaches at an agreed-upon time and place.
17. I will follow the rules which forbid tobacco, alcohol, and drug abuse at all TVYFL sporting events.
18. I will refrain from coaching my child or other players during games and practices unless I am one of the official coaches of the team.
19. I will refrain from posting any negative or derogatory remarks regarding any official, board member, coach, player, or parent on any internet website such as Facebook, Snapchat, Instagram, or X.
20. I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:
 1. Verbal warning by an official, League Representative, Head Coach, or any Executive Board Member.
 2. Written warning.
 3. Suspension from practices, games, and events with written documentation of incidents kept on file.
 4. Seasonal suspension from all practices, games, and events.
 5. Removal from the program.

Parent's Name (print): _____

Parent's Signature: _____

Date: _____



GAME DAY RULES & REGULATIONS

PARKING:

- All vehicles **MUST** park in designated stalls only.
- Edges of driveways and fire lanes are **NOT** valid parking stalls.
- Do not make your own stall if one is not available.
- All illegally parked vehicles are subject to tow at the owner's expense.

ADMISSION FEE:

- Everyone is required to pay an admission fee – **INCLUDING** work detail personnel.
- Players, Coaches, Board members, Referees, CCHS staff, TVYFL officials, Paramedics, Announcers, and timekeepers are exempt only.

CONCESSIONS STAND:

- Only authorized personnel are allowed in the concession stand.
- (No one under 18 is allowed to enter the concession stand without prior approval.)
- **NO OUTSIDE FOOD ALLOWED.**

ANNOUNCER'S BOOTH:

- Only authorized personnel are allowed in the announcer's booth or on top.
- (No one under 18 is allowed to enter the announcer's booth without prior approval.)
- Authorized coaches and game film personnel only – **NO EXCEPTIONS.**

GAME FIELD & SIDELINES:

- **ONLY** players, coaches, and authorized personnel are allowed on the track or sidelines. (**No exceptions**)
- On-field personnel and coaches **MUST** have and wear their badges to be down on the field.

PHOTOGRAPHERS:

- Only authorized photographers with badges are allowed on the field – **No exceptions.**

PARENT CONDUCT:

- The highest level of sportsmanship is required of Saints families, fans, and guests regardless of any situation.
- Any person who does not follow the rules, uses abusive language, or profanity, or becomes unruly **WILL be asked to leave** and may be removed from attending any Central Saints function in the future.
- **PARENTS MUST SUPERVISE NON-PLAYER SIBLINGS AND OTHER CHILDREN DURING GAMES.** (Many injuries happen during off-the-field play.)

SCHOOL AREAS:

- Parents are to keep their non-player children within the designated stadium area.
- Please do not interrupt a game to address any coach!
- Please request a meeting with the Head Coach prior to or after any game only!
- **NO DOGS or pets are allowed on school property.**

Parent's Name (print): _____

Parent's Signature: _____

Date: _____



901 N. Carpenter Road
#32 PMB 128
Modesto, CA 95354

Since 1993

www.centralsaints.org

PRACTICE RULES & REGULATIONS

PARKING: For Practice, please Park in St Stanislaus church parking lot next to softball field. **NO PARKING IN FRONT OF GATE ENTRANCE. DO NOT ENTER FILED GATE FROM ST. STANISLAUS DRIVEWAY.** For games see game day rules. **NO PARKING IN RED ZONES IN FRONT OF ANY SHEDS OR STORAGE CONTANIERIS OR NEXT TO THE TICKET BOOTH.** Due to the possibility of theft and vandalism, we must inform you that your vehicle and personal property should be kept locked and valuables out of sight. Ins and outs are allowed at practice and our home games, but this may not be the same rule at away games. The Central Saints and St Stanislaus Church will not be held responsible for any lost, stolen or vandalized property. **Parking in non-parking areas can result in towing at your expense.** PLEASE **DRIVE SLOW** while entering & leaving practice and games. The parking area gets busy so please be careful to watch for players and cheerleaders going through the parking lot.

Game and Practice drop off & pick up: Athletes are not allowed to arrive at practice any earlier than 30 minutes before practice. For games, please follow the time coaches assign your child to show up (see game day rules). For Jr, Novice, and Mascots please do not drop your child off at the gate at away games and leave. For their safety check them in with a Saints staff member. All athletes need to be picked up **no later than 8:20 pm** from practice. Please be aware there may be other events taking place during practice or games.

PARENT & FAMILY CONDUCT: ALL PARENTS AND FAMILY MEMBERS MUST STAY OFF THE PRACTICE AND GAME FIELD. Please walk around the perimeter of the field. **PARENTS ARE NOT ALLOWED TO COACH THEIR ATHLETES FROM THE SIDELINES. This frustrates the coaches, confuses the athletes, and is NOT tolerated. No inappropriate language or derogatory remarks are to be made toward coaches and athletes at any time during practice or games. THIS WILL NOT BE TOLERATED. This will result in removal or suspension from games and practices.**

PARENTS MUST SUPERVISE NON-PLAYER SIBLINGS AND OTHER CHILDREN DURING PRACTICES AND GAMES. NO PLAYING IN THE SAND or running around at practices.

Please do not interrupt practice to address any coach. Please request a meeting with the Head Coach prior to or after practice ONLY! If any parent does not follow these rules or becomes unruly, he or she will be asked to leave practice.

NO DOGS or pets are allowed on school property. (NO Sunflower seeds or Gum allowed on school grounds)

CLEAN-UP: All players, cheerleaders, and attendees will be asked to assist in clean-up after each practice. Any person(s) that violates these policies may lose the privilege of attending future Saints practices or games. Game clean-ups are on Sundays as scheduled.

Please be aware by signing this contract you and your family agree to follow the rules of games and practices.

Parent's Name (print): _____

Parent's Signature: _____

Date: _____

